

Psychology Recommended Four-Year Plan (Fall 2018)

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Total Credits Required: 128 credits course from outside school or major.

** Gen Ed Distribution Categories: two of the three categories are required with 1 GPA: 2.0 WI: Writing Intensive courses needed prior to graduation

Psychology Program at Ramapo College: 4 Year Guidelines

The Psychology Program at Ramapo College is designed to give students a broad range of approaches and perspectives within the complex discipline of Psychology, and the 4 year guidelines are organized to help students plan their path forward to complete the program in the most positive and effective way.

A Framework

Students are encouraged to work with the 4 year guidelines as a framework to work within, and not a step-by-step rulebook. The most helpful way to work within this framework is with your Psychology Advisor. All students are encouraged to meet with their advisors, early and often, to organize their own individual plan to meet their own specific needs.

The Psychology Program Core Courses

There are a few courses that can be considered anchor points within the program. These courses are essential to take at the times suggested in order for you to navigate the program successfully. These include *Introduction to Psychology*, *Research Methods*, and *Data Analyses*. These courses will help you to gain entry into other courses, and to understand the content materials in other courses. Introduction to Psychology is a prerequisite to all other Psychology courses, so it is essential to take it during your first semester as a Psychology Major.

We strongly encourage you to take *Research Methods* and *Data Analysis* (two courses that are taken in the same semester with the same faculty member) in your second semester sophomore year if you have completed the prerequisites by that time. In order to take *Research Methods* and *Data Analysis*, you need to have completed *Introduction to Psychology* and an additional 2 Psychology courses, giving you 12 credits in Psychology and 48 credits total. At the latest, take *Research Methods* and *Data Analysis* during your second semester junior year.

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The Psychology Program is organized through a category system that provides students with the opportunity to learn within some of the essential and established perspectives within Psychology. The 8 Categories are also organized by level (200 and 300).

Categories 1, 2, and 3 are generally taken earlier on in the program, (with some exception, such as Adolescent Psychology and Industrial-Organizational Psychology which need to be taken at junior status).

Categories 4, 5, and 6 and generally taken a bit later on in the program, as they are all 300 level courses.

Categories 7 and 8 are the culmination of the program (Fieldwork their pa